



TMC

Thomas More College

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An Inspired Education

WHY DO WE NEED VOLUNTEERS (Marshals, Stop Helpers, Medical, Logistics, etc)?

In order to ensure the safety of the walkers on the route, sufficient marshals must be present at all times, this is a legal requirement set by provincial authorities. We as the organising committee therefore need to stress that the event can only take place if sufficient volunteers come forward. We therefore urge all members of the Thomas More College family to help where they can so as to maintain this proud tradition that is the Thomas More College Long Walk.

WHAT DO WE WANT FROM YOU?

As a volunteer you will be assigned to a designated position on the route, for a designated time period suitable to your schedule. Anyone who volunteers for a duty will be asked to attend various briefing or will be contacted by the Co-ordinator concerned and have their duties explained – there's nothing difficult, just a will to help on the day.

Marshalling duties would include the following:

- Ensure that all walkers remain on the designated route and provide the relevant directions.
- Ensure that walkers maintain a responsible attitude and do not act in any way to endanger themselves or any fellow walkers.
- Inform the Sector or Chief Marshal of any pertinent incidence in your area of control, you as the Marshal are the point of contact to the walkers on the route.
- Your duty may entail crossing walkers at busy intersections, please note that in this event as a Marshal you do not have any legal rights to direct traffic, normal rules on the road apply and as such one is dependent on the motorists courtesy. At busy or critical points on the route metro personnel will be present.

Stop Helper:

In a nutshell, we need people on the stop for:

- Walker Control.
- Provide the relevant directions and information to walkers.
- Assist the walkers in getting refreshments.
- Minor medical help, blisters, sores etc.
- 'Be there' for anything that is needed.

Logistics:

In terms of logistics, there are many tasks that need to be done before, during and after the event. Tasks will be allocated by the Logistics Manager and clearly defined, these would include:

- Distribution and collection of equipment.
- Setting up of major stops.
- Re-distribution of provisions
- Cleaning

Do remember that volunteers also have to 'plan their needs' for the day and take adequate clothing for hot or cold/wet weather, refreshments for themselves, especially marshals who may not be located close to a stop, fold-up chairs, sunblock, etc.

IF YOU STILL WANT TO VOLUNTEER, BUT NEED QUESTIONS ANSWERED FIRST – PLEASE DON'T HESITATE TO ASK. (OR VOLUNTEER FIRST AND THEN ASK THE QUESTION)

Rae Griesel 031 7648640 / 0833098907 rgriesel@thomasmore.co.za – who will direct you to the correct co-ordinator.

Updated by Rae Griesel – 19 January 2015/28 November 2018