



# TMC

## Thomas More College

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*An Inspired Education*

## WALKER SAFETY

Walker Safety is our primary concern on the day. We have a proud track record of safe walks and are determined to keep it that way.

### Safety Marshals:

- Roughly 300 safety marshals are on duty from the start 1am to the finish (about 8.30pm). Their brief is to keep you safe.
- The marshals are part of the team. Follow their instructions, even and especially when you are exhausted. That is when accidents happen. Remember you can only taste personal victory if you finish the walk safely!
- A closing marshal will clear the field after the mandatory cut-off time at the various stops. However disappointing, go with the closing marshal if you miss the cut-off time.

### Protection Services:

Over and above the marshals, we receive valuable and dedicated support from the local protection services:

- The Metro Police are on duty from 1am until the last walkers have safely entered the campus. They assist our marshals with traffic control and road crossings. We have also requested the dog unit to patrol certain areas of the railway line.
- LAD Security and the various community watches dedicate staff to the Long Walk. If a marshal sees a real or potential incident, the relevant authorities are alerted. They evaluate the information and contact the appropriate protection services for a speedy response.
- A dedicated and well-equipped medical team is strategically placed to provide medical assistance.
- Several parents have volunteered to patrol areas with difficult access on off-road and/or mountain bikes. They have all committed their services for the entire event.

### YOU:

Equally important for safety is your behaviour and conduct on the day:

- Follow the route as indicated and instructions given by the marshals, no matter how tired you are.
- If you need assistance, speak to the nearest marshal.
- If you are unable to continue, an official sweeper vehicle will pick you up and record your status with walker control. Under no circumstances may you get in a private vehicle – it makes it impossible to verify that all our walkers are safely accounted for.
- The safety plan is worked out to the smallest detail for the long walk. **THIS IS A WALK NOT A RUN.** IF YOU RUN AHEAD OF THE PACK, YOU WILL BE STOPPED AT THE NEXT STOP. The Metro Police have strict instructions to follow the walkers and not the runners. Entry to the railway line has been strictly set to 06h00 and this will be enforced. In order to manage this the Opening Marshal will only open each stop on the route at specified times.
- Use your common sense.

Organisational:

- The route is divided into four sectors. Each sector has a sector marshal in charge to whom the route marshals report.
- Each sector marshal has an operational data pack containing route maps, response plan and emergency contact numbers.
- The four route marshals report to the chief marshal.
- In case of an emergency the chief marshal reports the incident to the relevant authority.
- The Marshal evaluates the situation in conjunction with the chief marshal. They contact the appropriate authorities (medical, SAPS or Metro Police) that will respond to the emergency.

Updated by Rae Griesel – 19 January 2015/updated 16 February 2018/28 November 2018